



Opening for the 2026-2027 School Year

Part-time PE/Exercise Teacher (7:50 AM – 1:00 PM)

About University School of the Lowcountry

University School of the Lowcountry (USL), an independent school serving approximately 80 students in grades 3–12, engages students in a variety of forward-thinking educational and service opportunities both in and outside of the classroom. The school challenges students in age-appropriate ways to excel academically while growing in emotional intelligence in a culture that teaches the importance of citizenship. USL’s curriculum and its school culture prepare students to be scholars, leaders, and global citizens of the future.

Position Overview:

We are seeking a passionate and dedicated Exercise/Physical Education teacher to inspire and educate students in the importance of physical fitness, health, and overall well-being for a part-time AM weekday position. The time frame of this job is 7:50 AM-1:00 PM.

The successful candidate is positive, energetic and innovative and has experience overseeing youth in a sport, PE, or other physical setting. This position does not require a college degree. The most ideal candidate will possess a strong background in anatomy, physiology, and body mechanics, with the ability to design engaging programs that promote physical activity.

Why PE/Exercise in the morning? Since 2010, we’ve had PE for every student in the morning (in addition to a long lunch and recess each day). We were influenced by Dr. John Ratey’s book “Spark” which showed that movement primes the brain for learning.

University School features a supportive and warm environment for teachers. Faculty are treated like professionals and are respected by students and families. The Faculty hold themselves to high standards for inspiring and challenging their students within an environment of mutual care and concern.

University School is a community where relationships are pivotal to learning. As such, the personal qualities of this candidate are vital. These include being an engaged, encouraging, and flexible role model who demonstrates both a sense of humor and an infectious enthusiasm for working with young people. He or she must also be able to work positively and effectively with others in a spirit of collegiality and understand that teaching is a moral act.

Compensation is based on skills & experience.

Responsibilities

- Develop and implement comprehensive physical education curricula that align with educational standards.
- Educate students on the principles of anatomy and physiology as they relate to physical fitness and health.
- Teach a variety of activities.
- Design fitness programs tailored to meet the diverse needs of students.
- Assess student performance and provide constructive feedback to enhance their skills and knowledge.
- Foster a positive learning environment that encourages student participation and teamwork.
- Promote healthy lifestyle choices through education on nutrition, exercise, and wellness practices.
- Preferred/not required: Bachelor's degree in Physical Education, Kinesiology, Exercise Science, or a related field.
- Strong knowledge of anatomy, physiology, body mechanics, and program design.
- Experience in teaching or coaching physical education or fitness-related activities is preferred.
- Certification in personal training or group fitness instruction is a plus.
- Familiarity with various fitness disciplines is highly desirable.
- Excellent communication skills with the ability to engage students effectively.
- A passion for promoting health and wellness among students of all ages.

What to do if interested in applying:

Please contact the Head of School, Jason Kreutner, by email (jkreutner@uslowcountry.org) only and complete the faculty application that can be found on our website (<https://uslowcountry.org/about/faculty-and-staff/>).

University School of the Lowcountry is committed to its growth as an institution that welcomes and values a diversified school community. The school does not discriminate on the basis of race, national or ethnic origin, religion, economic background, or any other classification protected by law in the administration of its educational policies, financial assistance policies, or any other school policy or program.